

New start date: Friday January 25<sup>th</sup>, 2019 10-12pm once a week for 5 weeks

Re: DART Programme

Dear colleague,

We are happy to inform you that we are now offering the DART programme (Domestic Abuse Recovering Together) to all parents and children living in the boroughs of Enfield, Haringey and Barnet.

### **What is DART?**

DART is a 5-week x2 hours programme designed by the NSPCC to help families recover from previous domestic abuse, to help them move forward. The programme is designed for the female victim and one child aged 7-14, where they will be asked to share their experiences, worries, strengths and future hopes. There will be a maximum of five and a minimum of three families taken part in each group.

### **Why is PAARS delivering the programme?**

Over 70% of the families we are working with have been through and or witnessed Domestic Abuse. There is a direct link between children who have lived with Domestic Abuse and children who then go on to abuse or become victims themselves. In order to help stop the cycle from repeating itself we have decided to buy into the programme and are now licensed to deliver NSPCC DART for the next five years.

Once the parent has completed their 6-week course we would need to see both parent and child at the school, home or office for 1 hr x 4 weeks to complete the programme. We would ask that school gives us a named person to liaise with and keep updated.

### **How can we help you?**

We will do our utmost to keep you informed of their progress and their best hopes. We can attend meetings where suitable and write reports where needed. We can support the pupil and school in dealing with current 'issues' relating to the pupil and or parent.

### **How do you refer?**

You refer through our usual PAARS referral form. We will read through the form and assess to see if they are ready for the programme. If we believe they are suited then we will send you the full assessment referral paperwork.

**Who can refer?**

All statutory and non-statutory organisations

**For more information:**

Please do not hesitate to contact us on 02083636262 or email:  
[paars@rocketmail.com](mailto:paars@rocketmail.com).

Contact persons: Ayse Adil

All sessions will be held at:

PAARS, 5 Chase Side Crescent, EN2 0JA