

OAKTREE SCHOOL - PE
ASSESSMENT
STEP 2 (7-12)

Pupil: _____

Learning target:	Date
Can receive a ball from a partner	
Can throw a ball with prompts	
Can kick a ball with prompts	
Can perform single actions with prompts	
Responds to simple commands e.g. stop, go	
Identify specific pieces of equipment	
Roll/throw/kick ball lacking direction	
Can step on and off equipment with assistance	

7 up to 1	8 up to 2	9 up to 3	10 up to 4	11 up to 6	12 up to 8
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Jottings

OAKTREE SCHOOL - PE
ASSESSMENT
STEP 3 (13-18)

Pupil: _____

Learning target:	Date
Can throw a ball independently	
Can kick a ball independently	
Can perform single actions independently	
Dances in response to music	
Respond accordingly when music stops/starts	
Can follow simple instructions with assistance	
Can step on and off equipment with limited assistance	
Deliberately bounce ball	

13 up to 1	14 up to 2	15 up to 3	16 up to 4	17 up to 6	18 up to 8
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Jottings

OAKTREE SCHOOL - PE
ASSESSMENT
STEP 4 (19-24)

Pupil: _____

Learning target:	Date
Can retrieve an object with assistance	
Can complete a relay with assistance	
Can pass a ball to partner/team mate with some accuracy	
Can move in different directions on command e.g. backwards, forwards	
Can link 2 actions in a sequence	
Can bounce a ball to a partner/team-mate	

19 Up to 1	20 Up to 2	21 Up to 3	22 Up to 4	23 Up to 5	24 Up to 6
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Jottings

OAKTREE SCHOOL - PE
ASSESSMENT
STEP 5 (25-30)

Pupil: _____

Learning target:	Date
Kick/throw/roll ball towards target	
Can travel under & over equipment	
Attempts to catch ball	
Can follow rules of an activity/game with assistance	
Can intercept an object with assistance	
Can retrieve an object when prompted	
Can co-operate with a partner/team	
In swimming Kicks legs on front and back	
Can stop and start dance in response to music	

25 Up to 1	26 Up to 2	27 Up to 3	28 Up to 5	29 Up to 7	30 Up to 9
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Jottings

OAKTREE SCHOOL - PE
ASSESSMENT
 STEP 6 (31-36)

Pupil: _____

Learning target:	Date
Use basic under-arm style to propel an object	
Pass, throw, kick a ball to an identified partner	
Copy a simple dance phrase with prompts	
Can identify their target	
Can retrieve an object independently	
Can follow basic rules of an activity/game independently	
Begin to throw an object over-hand	
Can peddle and steer a tricycle	
Can bounce and catch a ball independently	
Complete a relay race independently	
Roll/throw/kick ball to hit an object	
Can step on and off equipment independently	

31 Up to 2	32 Up to 4	33 Up to 6	34 Up to 8	35 Up to 10	36 Up to 12
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Jottings

OAKTREE SCHOOL - PE
ASSESSMENT
STEP 7 - 9 (37-45)

Pupil: _____

Learning target:	Date
Copy a simple dance phrase	
Notices physical changes to the body during physical activities	
Decide when and where to run in a warm-up/invasion game	
Attempt to block opponent in team activities/games	
Hold a balance	
Can follow a simple marked trail	
Consistently intercept/retrieve an object	
Can dribble a ball 5 metres showing control	
Can demonstrate spatial awareness	
Move/work independently with a ball in a specific area	

37 up to 1	38 up to 2	39 up to 3	40 up to 4	41 up to 5	42 up to 6	43 up to 7	44 up to 8	45 up to 10
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Jottings

OAKTREE SCHOOL - PE
ASSESSMENT
STEP 10 - 12 (46-54)

Pupil: _____

Learning target:	Date
Can demonstrate the difference between attack/defence	
Can create & demonstrate a simple dance sequence	
Attempts to hit a ball into a space	
Can state why physical activity is needed for a healthy lifestyle	
Can demonstrate how to score in an activity/game	
Can remember, repeat & explore simple actions	
Can describe and follow rules of an activity/game	
Can take off and land with correct starting and finishing position	
Can differentiate running pace according to task/activity	
Can consistently catch an object	
Implement defensive attributes in team activities/games	

46 up to 1	47 up to 2	48 up to 3	49 up to 4	50 up to 5	51 up to 6	52 up to 7	53 up to 9	54 up to 11
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Jottings

OAKTREE SCHOOL - PE
ASSESSMENT

STEP 13-15 (55-63)

Pupil: _____

Learning target:	Date
Can pass a ball with control, accuracy and with correct technique	
Can plan actions to ensure success	
Select appropriate style of throwing/kicking/jumping/running for the task	
Use defensive tactics to maintain possession	
Can implement attacking/defensive strategies in activities/games	
Can suggest areas for improved team/individual performance	
Can use evasive tactics during team activities/games	
Can throw over/under arm with control and accuracy	
Can state why we warm up/cool down	
Can describe a team/individual performance	
Can remember, repeat & explore simple actions with control & co-ordination	
Can identify and use space in a team activity/game	

55 up to 1	56 up to 2	57 up to 3	58 up to 4	59 up to 5	60 up to 6	61 up to 8	62 up to 10	63 up to 12
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Jottings

OAKTREE SCHOOL - PE
ASSESSMENT

STEP 16-18 (64-72)

Pupil: _____

Learning target:	Date
Can dribble a ball at pace showing control	
Can travel, pass and receive a ball maintaining possession	
Position body correctly when using a bat/racquet/club	
Can strike ball with direction and purpose	
Are able to co-operate and make constructive contributions within a team situation	
Links skills, techniques and ideas and apply them accurately and appropriately across a range of physical activities	
Can identify and apply basic safety principles across a range of physical activities	
Performance demonstrates precision, control and fluency	
Can suggest appropriate activities for a warm up/cool down	

64 up to 1	65 up to 2	66 up to 3	67 up to 4	68 up to 5	69 up to 6	70 up to 7	71 up to 8	72 up to 9
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Jottings

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OAKTREE SCHOOL - PE
ASSESSMENT
STEP 19 - 21 (73-81)

Pupil: _____

Learning target:	Date
Can identify & evaluate risks to themselves and others across a range of physical activities	
Use strategies to make it difficult for an opponent	
Can demonstrate an awareness of safety procedures in and around water	
Can perform actions with agility, fluency, clarity and consistency.	
Have a clear idea of what they want/have to achieve	
Demonstrates consistency and control as defined by the activity	
Can explain how the body changes across a range of physical activities	
Can analyse & comment on skills & techniques used in physical activity	
Can modify & refine skills & technique to improve individual/team performance	

73	74	75	76	77	78	79	80	81
up to 1	up to 2	up to 3	up to 4	up to 5	up to 6	up to 7	up to 8	up to 9

Jottings