

# Oaktree School PE and Sport Premium Action Plan



**2018-19 Grant £8750**

Objective	Strategy	Success criteria	Staff responsible	Impact
Opportunities for key students to increase body strength, fitness, core strength, balance and stamina	Target pupils undertake regular fitness sessions on new gym equipment (Fit Club)  All KS2 students twice weekly 'Tiger Team' activities	Increased engagement in physical activity. Fitness increases in terms of duration and effort  All students participate with enjoyment, increased confidence and ability to complete exercises	Simon Keyes (PE Instructor) Ricardo Grant Lee (Physio)	16 students were identified by Dietician, Physio and class teachers for regular additional exercises which included walking in the nearby park. Ongoing 'Tiger Teams' (core strength and balance exercises to music seen to be a model of excellence by LA
Enhanced physiotherapy opportunities for selected students	Additional swimming programme for SLD groups	Selected students attend additional swimming sessions and engage in exercises designed to support their physical development	Class Teachers LSA	Our youngest class took part in weekly swimming sessions during the latter part of the year. Water confidence and dressing/undressing skills have been developed during these sessions
Opportunity to undertake new sports/activities	Visiting coach one day a week for multi skills  Herts Young Mariners  Sailing weekend at Leyton Sailing Trust, Clacton  Termly Golf, gym and Tennis lessons as part of Sixth Form Options	Pupils experience and enjoy the skills and disciplines of new sport activities  Sailing classes attended, skill learnt and enjoyed by students  Weekend away from home to learn skills of dingy sailing and independence  Students learn basic golf techniques (putting, chipping and driving), fore hand, backhand, volley, lob and serving	Tottenham Foundation Coach  Sailing Instructor  Simon Keyes and various volunteer school staff  Bush Hill Park Golf Club, Hazelwood Tennis Club, Southgate Leisure	2 classes have worked weekly with THF coach on a variety of different invasion games and multi-skill activities  Autumn Term sessions attended with students encouraged to try out various land/ water based activities. Developing self confidence and team work skills noted  3 trips (Oct/May/July) 12xboys and 12xgirls. Basic sailing skills learnt. Independence promoted throughout trip and different life experiences provided.  8 students choose Sport and Leisure Option. Sessions in Golf and Tennis attended at which skills and techniques acquired and developed.